



# SENIOR LAW SOLUTIONS LLC.

LIFE CARE PLANNING

## WHAT IS LIFE CARE PLANNING?

Life Care Planning assists families with legal and health care planning. Both healthy families and families with challenging situations can benefit from Life Care Planning.

Life Care Planning Law Firms rely on an interdisciplinary team that works to identify present and potential legal and care needs and to assist in locating appropriate, high quality care. Combining legal and health care assistance is unique to Life Care Planning Law firms.

To identify legal planning issues, we help families understand the natural progression of aging and its impact on mobility, housing, and financial resources. In addition to traditional asset-focused elder law services such as powers of attorney, trusts, wills, asset preservation, and public benefits qualification, a Life Care Plan also includes care advisors that assist with individual/family needs.

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MAXIMIZING  
QUALITY OF LIFE  
AND INDEPENDENCE

Each Life Care Plan is designed to achieve the individual's objectives, which may include:

### Care Advising

- Assist with identifying appropriate and safe care, whether in the home or a residential setting
- Assist in locating public and private sources to help pay for long-term care
- Assist with helping families understand the natural progression of aging and its challenges (i.e. Dementia, Parkinson's, etc.)
- Assist in navigating the complexities of the medical system

### Legal

- Plan and prepare for individual's unique situations and the future
- Estate planning: Wills, Powers of Attorney, Trusts
- Long-Term Care Planning
- Incapacity Planning
- Public Benefits Planning

### Special Needs

- Caring for a person with special needs can provide unique challenges. Senior Law Solutions provides you with the legal strategies and financial structure necessary to help your family thrive.
- Our care advisors wisely and compassionately guide you through complex decisions and benefits to gain the peace-of-mind your family deserves.

### Legal and Care Planning

- Offer peace of mind as you engage professionals to enhance one's understanding of the legal/care options as circumstances change
- Senior Law Solutions is guided by our dedication to each individual's quality of life and care in all stages of one's life.



NAELA™

National Academy of Elder Law Attorneys, Inc.



Life Care Planning Law Firms Association



HELPING YOU PROTECT WHAT MATTERS MOST



Alabama State Bar requires the following: "No representation is made that the quality of the legal services to be performed is greater than the quality of legal services performed by other lawyers. Responsible Attorney: Anne Elizabeth McGowan."



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### Mission Statement

An Individual's *Quality of Life and Care* guides our planning. We work with each person and/or their family with respect and dignity. We create legal and /or care solutions consistent with client's priorities, usually involving but not limited to:

- appropriate living settings,
- \*property management,
- property distribution,
- care of other family member(s), and/or
- incapacity planning.

*\*Everything you have acquired, sold or distributed during your lifetime.*

### Values

Advocate: Listen to and support vulnerable voice

Integrity: Compassion, faith based

Excellence: All stages of planning, restoring client's/family's "peace of mind"

Team Focused: With clients, our firm and community

Response: Timely and clear

### Firm Members

Anne Elizabeth McGowin  
*Attorney*

Rebecca Oates  
*Paralegal*

Stephanie Stephens, RN  
*Care Advisor*

Rae DeLong, RN  
*Care Advisor*

Ann Longshore  
*Senior Advisor*